## Paul Mrazek



- 31<sup>st</sup> year of coaching baseball
- Currently in his 12<sup>th</sup> year as the Head Coach of the Cranbrook Bandits 'A' Montana American Legion
- Former Pitching Coach with the Trail Jays in the North Idaho American Legion 'AA' Conference from 2003-2005.
- Founder and Director of the Montana Baseball Coaches Conference
- Kootenay Spring Training Players Camp Head Coach
- Big-League Experience Camps and Tournaments Coach
- Baseball BC (British Columbia) Regional ID Camp Evaluator
- Former Baseball BC Summer Camp Head Coach (1999-2004)
- Former Canadian National Coaching Certification Program Instructor
- Paul has spoken at the British Columbia, Wisconsin, Colorado, and Montana Coaches Conferences over the last 5 years
- Paul has had 4 players drafted in MLB and numerous players moved on to college baseball in Canada and the United States
- In addition to coaching baseball, Paul trains his team, other teams, and individual athletes in Speed, Agility, Quickness, Strength, and Conditioning.
- Paul has worked with Baseball, Hockey, and Downhill Ski Teams. He has trained individual athletes in baseball, football, hockey, volleyball, and golf.
- Paul has worked with the high-level hockey players in his region, including two current Women's Team Canada prospects and the Colorado Avalanche's Bowen Byram.